Curriculum

on

Bachelor in Pharmacy

(B. Pharm)



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The first year consists of six-theory papers and three practical carrying a total load of 990 Teaching Hours (46) including both theory and practical. In the second year, there are six theory papers and six-practical carrying a total load of 1080 Teaching Hours (48). In the third year, there are seven theory papers and three practical carrying a total load of 900 Teaching Hours (48) and in the fourth year there will be four theory and one practical paper carrying a total load of 450 Teaching Hours (36). The course consists of total of 3420 Teaching Hours (178). Apart from these papers, a 3 months' period is allotted to Dissertation and a 2 months time is allotted to the in-plant training in the fourth year.

Code No.	Name of the subject		Hrs/	Credit	Marks	
		wk	yr			
FIRST YEAR						
BP 401 A	Anatomy, Physiology & Pathology-Theory		90	6	100	
BP 402 A	Biochemistry- Theory		90	6	100	
BP 402 B	Biochemistry-Practical		90	2	50	
BP 403 A	Pharmaceutical Chemistry-Theory		90	6	100	
BP 403 B	Pharmaceutical Chemistry-Practical		90	2	50	
BP 404 A	Medicinal Chemistry I-Theory		90	6	100	
BP 405 A	Pharmacology I-Theory		90	6	100	
BP 406 A	Pharmaceutical Microbiology-Theory		90	6	100	
BP 406 B	Pharmaceutical Microbiology-Practical	3	90	2	50	
	Total of First Year	33	990	46	750	
SECOND YEAR						
	Pharmaceutics I (Physical Pharmacy)-Theory					
BP 501 A	Pharmaceutics I (Physical Pharmacy)-	3	90	6	100	
BP 501 B	Practical		90	2	50	
BP 502 A	Medicinal Chemistry II-Theory		90	6	100	
BP 502 B	Medicinal Chemistry II-Practical		90	2	50	
BP 503 A	Biopharmaceutics and Pharmacokinetics-					
BP 503 B	Theory	3	90	6	100	
	Biopharmaceutics and Pharmacokinetics-	3	90	2	50	
	Practical					
BP 504 A	Pharmacognosy -Theory	3	90	6	100	
BP 504 B	Pharmacognosy – Practical		90	2	50	
BP 505 A	Pharmacology II-Theory		90	6	100	
BP 505 B	Pharmacology II-Practical		90	2	50	

10. Curriculum structure of Bachelor of Pharmacy

	Grand Total	114	3420	178	3150
	Total of Fourth Year	15	450	36	650
	(4 weeks each)				
BP 706 IP	In-plant Training in Hospital +Industry			4	100
BP 705 DT	Dissertation			6	100
BP 704 A	Pharmacotherapeutics-Theory	3	90	6	100
BP 703 A	Theory	3	90	6	100
	Pharmaceutics III (Industrial Pharmacy) –				
BP 702 A	Pharmaceutical Management-Theory	3	90	6	100
BP 701 B	Clinical and Hospital Pharmacy-Practical	3	90	2	50
BP 701 A	Clinical and Hospital Pharmacy-Theory	3	90	6	100
FOURTH Y	EAR	1	1		
	Total of Third Year	30	900	48	850
BP 607 A	Community Pharmacy and First Aid-Theory	3	90	6	100
BP 606 A	Pharmaceutical Jurisprudence-Theory	3	90	6	100
BP 605 A	Biostatistics & Research Methodology-Theory	3	90	6	100
BP 604 B	Ayurvedic and Herbal Technology-Practical	3	90	2	50
BP 604 A	Ayurvedic and Herbal Technology-Theory	3	90	6	100
	II- Practical	5	90	2	50
BP 603 B	Pharmaceutical analysis and quality assurance	2	00	2	50
DI 00 <i>3</i> M	II- Theory	3 90		6	100
BP 603 A	Pharmaceutical analysis and quality assurance	5	90	2	50
DF 002 D	Formulation)_Practical	3	90	2	50
BD 602 B	Pharmaceutics II (Dosage Forms and	5	90	0	100
BP 602 A	Pharmaceutics II (Dosage Forms and			100	
BP 601 A	Pharmaceutical Engineering-Theory	3	90	6	100
THIRD YEA	AR				T
	Total of Second Year	36	1080	48	900
	I- Practical				
BP 506 B	Pharmaceutical analysis and quality assurance	3	90	2	50
	I-Theory			-	
BP 506 A	Pharmaceutical analysis and quality assurance	3	90	6	100

For the dissertation work, each student should develop a thesis topic, which will be carried out under the guidance of teachers. The students should submit a thesis and defend it.

Recognizing the need to develop the ability to translate theory into practice, students are placed for in-plant training in pharmaceutical manufacturing units, hospitals, drug stores as a part of curriculum at the begining of 4th year.

COURSE OF FIRST YEAR

ANATOMY, PHYSIOLOGY AND PATHOLOGY

Subject: Theory	Year: First	Code: BP 401 A
Full Marks: 100	Total Teaching hours: 90	Credit Hrs: 6

Total teaching hours (Subject-wise): (Anatomy: 20 Hrs. Physiology: 50 Hrs. Pathology: 20 Hrs)

Marks distribution

Subject	Total marks(100)	Internal assessment (20)	Final assessment (80)
Anatomy	25	5	20
Physiology	50	10	40
Pathology	25	5	20

A. ANATOMY

Total teaching hours: 25 Hrs

Course description: The course is designed to provide fundamental knowledge of human anatomy to the pharmacy students and professionals.

General objectives: At the end of this course, student will be able to:

- **a.** Recognize anatomical structures and explain the main physiological functions of body systems.
- **b.** Use anatomical knowledge to predict physiological consequences
- **c.** Synthesize ideas to make connections between anatomy and physiology and real-world situations
- d. Understand the effects of alterations in structures and functions of as whole.
- e. Apply the knowledge of anatomy and physiology in the practice of Pharmacy

Specific objectives:

Unit 1: Basic anatomical terminologies:

After the completion of unit, students will be able to:

a. Define Plane, Position, Movements, Tissue in general (Epithelial, Connective)[1Hrs]

Unit 2: Skin and integumentary system: [1 Hrs]

After the completion of course, students are able to:

- a Identify different layers of skin
- **b** List appendages of skin

Unit 3: Musculoskeletal system [3 Hrs]

After the completion of course, students will be able to:

- a Discuss general histology of muscles, bones, cartilage
- b Classify bones and joints
- c Classify lymphatic tissue. Explain major lymphatic vessels.
- d Classify muscles: skeletal, smooth and cardiac muscles
- e Describe the structure of skeletal muscle: Actin and Myosin filaments

Unit 4: Respiratory system [2 Hrs]

After the completion of course, students will be able to:

- **a** Discuss general anatomy of respiratory organs
- **b** List the subdivisions and components of respiratory tract

Unit 5: Cardiovascular system [2 Hrs]

After the completion of course, students will be able to:

- **a.** Discuss general anatomy of heart and pericardium
- **b.** Explain types of blood vessels. Difference between arteries and vein
- c. Identify main arteries and veins of the bodies and their principal functions

Unit 6: Nervous system [3 Hrs]

After the completion of course, students will be able to:

- a Describe the structure of synapse
- b Discuss general anatomy of functional areas of cerebrum
- c Discuss general anatomy of cerebellum
- d Discuss general anatomy of mid brain, pons and medulla oblongata

Unit 7: Special senses [3Hrs]

After the completion of course, students will be able to:

- a Describe structure of retina: macula, fovea centralis, optic disc, physiological blind spot
- b Describe the structure of external and internal ear.

Unit 8: GI tract [2 Hrs]

After the completion of course, students will be able to:

- a. Explain the general architecture of GIT and peritoneum
- b. Describe the gross anatomy of GIT
- c. Describe the gross anatomy of hepatobiliary system

Unit 9: Reproductive system [1 Hrs]

After the completion of course, students will be able to:

- a. Describe the organ of male reproductive system
- b. Describe the organ of female reproductive system

Unit 10: Endocrine system [1 Hrs]

After the completion of course, students will be able to: Describe the anatomy of pituitary gland, thyroid gland and suprarenal gland

Unit 11: Urinary system [1 Hrs]

After the completion of course, students will be able to: Describe the anatomy of urinary system

Reference books (Latest Editions)

- 1. Waugh A, Grant A. Ross and Wilson's Anatomy and Physiology in Health and Illness. Churchill Livingstone, London.
- 2. Tortora G. J, Derrickson B. H. Principles of anatomy and physiology. John Wiley & Sons.

B. PHYSIOLOGY

Total teaching hours: 50 Hrs

Course description:

The course is designed to provide fundamental knowledge of human physiology to the pharmacy students and professionals. This course is designed in a system specific manner and organized into various organ systems, namely general physiology, hematology, musculoskeletal, respiratory, cardiovascular, digestive, urinary, nervous, endocrine and reproductive systems.

General objectives: At the end of the course, the students will be able to

- a Explain the normal functioning of all the organ systems of the body and their interactions.
- b Narrate the contribution of each organ system to the maintenance of homeostasis.
- c Elucidate the physiological aspects of normal growth and development.
- d Describe the physiological response and adaptations to environmental stresses.
- e List the physiological principles underlying pathogenesis and treatment of disease.

Specific objectives:

Unit1. General physiology [4Hrs]

After the completion of the course, students will be able to

- a. Define Physiology, branch and its importance.
- **b.** Describe functional organization of the human body.[**a+b =1 Hr**]
- c. Describe cell, cell membrane, membrane transport and cell organelles.
- d. Describe homeostasis, positive and negative feedback mechanisms. [c+d=1 Hr]
- e. Describe various body fluid compartments and their composition.
- f. Describe various transport processes across the cell: passive transport, active transport and vesicular transport. [e+f = 1 Hr]
- g. Physiology of aging, its principle and age related diseases.[1 Hr]

Unit 2. Blood, immune and lymphatic system [5Hrs]

After the completion of the course, students will be to

- **a.** Describe composition of blood: plasma and formed elements; and list general functions of blood.
- **b.** Describe structure and functions of red blood cells (RBC), white blood cells (WBC) and platelets.[**a+b=1Hr**
- **c.** Describe major blood grouping systems: ABO and Rh; and describe their clinical importance.
- d. State clotting mechanisms and role of platelets in blood clotting. [c+d=1 Hr]
- e. Enumerate important tests of bleeding: bleeding time (BT), clotting time (CT), prothrombin time (PT).
- f. Discuss general principles of immunity: cell ted immunity, antibody ted immunity, active immunity and passive immunity. [e+f = 1Hr]
- **g.** List functions of the spleen.
- **h.** List the functions of lymph and lymphatic system. [g+h = 1Hr]
- i. Define the terms edema, lymphedema leukocytosis, thrombocytopenia.
- j. Describe the basic pathophysiology of anemia, polycythemia, hemophilia, dengue hemorrhagic fever, immunodeficiency in acquired immunodeficiency syndrome (AIDS).
 [i+j = 1Hr]

Unit 3: Musculoskeletal system [4Hrs]

After the completion of the course, students will be to

- **a.** Classify muscles: skeletal, smooth and cardiac muscles.
- **b.** List the functions of different types of muscles. **[a+b = 1Hr]**
- c. Describe the structure of skeletal muscle: actin and myosin filaments. [b+c = 1Hr]
- **d.** Describe the process of neuromuscular transmission and explain mechanism of skeletal muscle contraction: sliding filament theory, isotonic and isometric contractions. **[1 Hr]**
- e. Define the terms atrophy, hypertrophy, rigor mortis, tetany.
- f. Describe the basic pathophysiology of myasthenia gravis, organophosphate poisoning, and muscular dystrophies. [e+f = 1Hr]

Unit 4: Respiratory system [4 Hrs]

After the completion of the course, students will be to

- a. List the subdivisions and components of respiratory tract.
- **b.** Describe pulmonary ventilation and mechanism of breathing. **[a+b =1 Hr]**
- c. List lung volumes and capacities.
- **d.** List the functions of lungs. [**c+d = 1 Hr**]
- e. Explain the mechanism of gaseous exchange in lungs; transport of oxygen and carbon dioxide in blood.
- **f.** Explain the mechanisms of neural and chemical regulation of breathing. **[e+f = 1 Hr]**
- g. Define the terms apnea, hypoxia, hypercapnea.
- h. Describe the basic pathophysiology of pneumonia, chronic obstructive pulmonary disease (COPD), bronchial asthma, respiratory failure, respiratory acidosis and respiratory alkalosis. [g+h = 1 Hr]

Unit 5: Cardiovascular system [4 Hrs]

After the completion of the course, students will be to

- a. List the properties of cardiac muscle
- **b.** Explain cardiac cycle along with its various phases; define end-diastolic volume, end-systolic volume, stroke volume and ejection fraction[**a+b= 1 Hr**]
- c. Define heart rate, pulse rate, cardiac output and venous return
- **d.** Define the terms bradycardia, tachycardia and list their causes[**c+d =1 Hr**]
- e. Define arterial blood pressure and explain the mechanism of its regulation
- f. Describe the components of normal electrocardiogram (ECG) and list its clinical uses
 [e+f = 1 Hr]
- **g.** Define the terms atherosclerosis, cardiac arrhythmias, angina pectoris, myocardial infarction (MI)
- **h.** Describe the basic pathophysiology of hypertension, hypotension, circulatory shock, congestive cardiac failure (CCF), rheumatic heart disease [g+h = 1 Hr]

Unit 6: Gastrointestinal (GI) system [4 Hrs]

After the completion of the course, students will be to

- **a** Enumerate functions of different parts of the GI tract: stomach, liver, small intestine and large intestine.
- **b** Enumerate composition and functions of secretions of GI tract: saliva, gastric juice, pancreatic juice, bile and intestinal juice. [a+b = 1 Hr]
- c Explain the process of digestion and absorption of carbohydrates, proteins and fats
- **d** Describe the intestinal movements. [**c**+**d** = 1 **Hr**]
- e List the functions of liver and describe liver function tests.
- **f** Define the terms vomiting, constipation, jaundice, ascites, steatorrhoea. [e+f = 1 Hr]
- **g** Describe the basic pathophysiology of peptic ulcer, diarrhea, cirrhosis, alcoholic liver disease, gastroenteritis, irritable bowel disease. **[1 Hr]**

Unit 7: Renal and electrolyte system [4 Hrs]

After the completion of the course, students will be to

- **a.** List the functions of kidneys and describe their role as homeostatic organs.
- b. Describe the mechanism of urine formation: glomerular filtration, tubular reabsorption and tubular secretion; define glomerular filtration rate (GFR) and its regulation.
 [a+b = 1 Hr]
- c. Describe the structure and functions of juxtaglomerular apparatus.
- **d.** Explain micturition and micturition reflex. [**c+d = 1 Hr**]
- e. Describe water, acid-base and electrolyte balance.
- **f.** Describe normal volume and composition of urine.[**e** +**f** = 1 H**r**]
- **g.** Define the terms oliguria, anuria, hemodialysis.
- h. Describe the basic pathophysiology of urinary tract infection, renal calculi, glomerulonephritis, renal failure, benign prostatic hyperplasia (BPH).
 [g+h = 1 Hr]

Unit 8: Nervous system [9Hrs]

After the completion of the course, students will be to

- a. Classify nervous system; define and list properties of a neuron.
- b. Describe resting membrane potential, local potential and action potential of a neuron.
 [a+b = 1 Hr]
- c. Describe the structure of synapse and process of synaptic transmission.
- **d.** Describe reflex and reflex arc. [**c+d = 1 Hr**]
- e. Classify receptors involved in neuronal transmission.
- f. List the ascending tracts and name the sensations carried by them: dorsal column-l lemniscal system and anterolateral system. [e+f = 1 Hr]
- **g.** List the functions of descending tracts: pyramidal (corticospinal) tracts.
- **h.** List functions of cerebrum, cerebellum, basal ganglia, thalamus, hypothalamus, midbrain, pons, medulla and reticular formation. [g+h = 1 Hr]
- i. Describe functions of cerebrospinal fluid (CSF), meninges.
- j. List cranial nerves and their functions. [i+j= 1 Hr]
- k. Describe functions of autonomic nervous system; list their effects on various organ systems. [1 Hr]
- **I.** Explain the mechanism of maintenance of body temperature[1 Hr]
- m. Define the terms paralysis, paresis, fever, tetanus, upper and lower motor neuron type disease[1 Hr]
- **n.** Describe the basic pathophysiology of meningitis, encephalitis, cerebellar disease, Parkinson's disease, epilepsy, schizophrenia, depression, mania, stroke. **[1 Hr]**

Unit 9: Special senses [4Hrs]

After the completion of the course, students will be to

- **a.** Describe structure of retina: macula, fovea centralis, optic disc, physiological blind spot.
- **b.** Name the photoreceptors and their functions; and trace the visual pathway. [a + b = 1 Hr]
- c. Describe the functions of external, middle and inner ear and trace the pathway of hearing.[1 Hr]
- d. Describe the taste buds, list the primary taste sensations and trace the pathway of taste.
- e. Describe the olfactory cell and olfactory membrane; and trace the pathway of smell.[d+e = 1 Hr]
- f. Define the terms myopia, hypermetropia, astigmatism, presbyopia, anosmia, deafness.
 [1 Hr]

Unit 10: Endocrine system [3Hrs]

After the completion of the course, students will be to

- a. Name major endocrine glands, list their hormones and functions [1 Hr]
- **b.** List the functions of growth hormone, thyroid hormone, parathyroid hormone, insulin, glucagon, cortisol and aldosterone. **[1 Hr]**
- **c.** Describe the basic pathophysiology of dwarfism, gigantism, acromegaly, goiter, hyperthyroidism, hypothyroidism, hyperparathyroidism, diabetes mellitus, Cushing's disease. [1 Hr]

Unit 11: Reproductive system [5Hrs]

After the completion of course, students will be to:

- **a.** Describe the functions of male and female genital organs.
- **b.** List the pubertal changes in males and females. [a + b = 1 Hr]
- **c.** Describe the process of spermatogenesis and oogenesis.
- d. Describe uterine and ovarian events in menstrual cycle; and hormones responsible; define menarche, amenorrhoea and menopause. [c+d = 1 Hr]
- e. List the functions of testosterone and estrogen hormones.
- **f.** List physiological changes in females during pregnancy. [e + f = 1 Hr]
- **g.** Describe mechanism of lactation and lactation reflex.
- **h.** Give physiological basis of contraceptives. [g + h = 1 Hr]
- i. Define the terms azoospermia, subfertility, abortion, dysfunctional uterine bleeding (DUB).[1 Hr]

PRACTICAL DEMONSTRATION (Observation only)

After the completion of course, students will be to

- **a** Collect blood samples: by capillary puncture and venipuncture.
- **b** Determine blood group: ABO and Rh.
- **c** Examine visual acuity, field of vision and colour vision.
- **d** Performe tuning fork tests: Rinne's and Weber's hearing tests, vibration sensation.
- e Record body temperature from various sites of body.
- **f** Perform pulmonary function test: measurement of vital capacity by spirometry.
- **g** Examine of pulse at different sites of body.
- **h** Test motor and sensory function.
- i Measure blood pressure by sphygmomanometry:(a) Mercury (b) Aneroid sphygmomanometer

Reference books (Latest Editions)

- 1. Widmaier H. R, Kevin T. S.Vander's Human Physiology: The Mechanisms of Body Function. Eric. New York. McGraw-Hill Education.
- 2. Guyton A C, Hall J. E. Textbook of Medical Physiology. WB Sannders Company.
- **3.** Barrett S. M, Barman S. B, Heddwen B. Ganong's Review of Medical Physiology. Kim E. McGraw-Hill Education.
- 4. Mahotra N. Textbook of Pathophysiology. Kathmandu. Samiksha Publications.

C. PATHOLOGY

Total teaching hours: 20 Hrs

Course Description: This course will provide basic concept of general and systemic pathology. **General objectives:** At the end of the course, the students will be able to

- a Explain the concepts of cell injury and changes produced thereby in different tissues and organs and the body's capacity for healing.
- b Understand the normal homeostatic mechanisms, the derangements of these mechanism and the effects on human systems.

- c Understand the etiopathogenesis, the pathological effects and the clinico-pathological correlation of common infectious and non-infectious diseases.
- d Understand the common metabolic and haematological disorders.
- e Correlate normal and altered morphology of different organ systems in different diseases.

Specific objectives:

Unit 1: General Pathology [10 Hrs]

After the completion of the course, students will be to

- **1.1.** Describe the concept of cell injury and various change produced by such injury and necrosis.[**1Hr**]
- 1.2. Describe basic terminologies. [1 Hr]
- **1.3.** Describe important causes of inflammation and its types. Explain the mechanism of acute and chronic inflammation and its application.**[1 Hr]**
- **1.4.** Explain the concept of wound healing. Describe steps of wound healing and factors that affect it. **[1 Hr]**
- **1.5.** Describe the different types of thrombosis, embolism, ischemia, infarction, shock,edema, coagulation casacde. **[2 Hrs]**
- 1.6. Describe the disorders of tissue growth and enumerate predisposing factors of neoplasia, mechanism of spread and metastasis.Differentiate between Benign and Malignant tumours. [1 Hr]
- 1.7. Define antigen, antibody and complement. [1 Hr]
- **1.8.** Describe different types of immunity and hypersensitivity.[1 Hr]
- 1.9. Discuss the pathogenesis, sign, symptoms and diagnosis of AIDS. [1 Hr]

Unit 2: Systemic Pathology [10 Hrs]

2.1. Musculoskeletal system [1 Hrs]

After the completion of the course, students will be able to

- **a.** List types of fractures and describe facture healing
- **b.** Describe pathophysiology and morphology of osteoarthritis, Rheumatoid arthritis and Gouty arthritis.

2.2. Cardiovascular system and Hematology [2 Hrs]

After the completion of the course, students will be to

- **a.** Describe pathophysiology, sign and symptom of hypertension, myocardial infraction and Atherosclerosis
- **b.** Classify anemia and leukemia

2.3. Respiratory system [1 Hr]

After the completion of the course, students will be to Explain pathophysiology of Tuberculosis, List its sign and symptoms and methods of diagnosis

2.4. Endocrine System [1 Hr]

After the completion of the course, students will be to

- **a.** Explain pathophysiology of Diabetes Mellitus, List its sign and symptoms and its complication
- **b.** List features of hypothyroidism and hyperthyroidism

2.5. Gastrointestinal system [2 Hr]

After the completion of the course, students will be able to

- a. Describe pathogenesis, list sign and symptoms and diagnosis of gastritis and peptic ulcer
- b. Describe different types, sign, symptoms and diagnosis of Viral hepatitis
- c. Describe pathophysiology of alcoholic hepatitis

2.6. Female genital tract [1 Hr]

After the completion of the course, students will be able to

- a. List causes of abortion. Describe sign and symptoms
- **b.** Describe sign and symptoms and morphology of fibroids
- c. List causes and diagnosis of cervical carcinoma and its precursor lesions

2.7. Renal system [2 Hrs]

After the completion of the course, students will be able to

- a. List causes, sign and symptoms of renal failure
- b. Describe types, sign, symptoms and complication of renal calculi
- c. Decribe and differentiate nephrotic and nephritic syndromes

Reference books (Latest Editions)

- 1. Robbins S. L, Kumar V. Basic Pathology. W B Saunders Company.
- 2. Mohan H. Textbook of Pathology. Jaypee Brothers Medical Publishers (P) Ltd
- 3. Kamal V.Textbook of Pathology.